



Café On The Field- The Jubilee Centre Group have opened a Café within the Depot building on Fridays between 3.30 – 5.30pm to serve users of the Jubilee Fields and surrounding area.

As promised, it is confirmed that Alcester's wonderful First Responders will be at the **Café on the Field** this Friday 7 September and the following two Fridays, providing FREE First Aid training with the following programme;

Friday 7 September

Making a 999 call, cardiac arrest, CPR, Operating a defibrillator, plus a bit about PAD sites in Alcester

Friday 14 September

CPR competition using iPad, airway, unconscious patient, faints and falls

Friday 21 September

Burns, scalds etc, wounds, bleeding, with perhaps a bandaging competition

Each session will be for approx. 1 hour starting at 4.30pm.

Why not pop into the café, have some refreshments and learn how to possibly save someone's life? All ages are welcome!

Email alcester.jubileecentre@gmail.com or call **07984413028**