

Alcester Health and Well Being Strategy 2018

Introduction:

The Alcester Health and Well Being Board (H&WbB) takes a steer from the Warwickshire Health and Well Being Strategy (2014-2018). The work of the H&WbB is to support the health and wellbeing of individuals and to encourage the quality of life for all people in the community.

Overview:

Following a review in October 2017, the H&WbB will shift focus to enable it to do the following:

➤ **Represent and champion the health and wellbeing of Alcester residents**

By focusing on the needs of the residents of Alcester as identified in surveys and providing a strategic view of how to best provide for the health needs of the community.

➤ **Become a focal point for Alcester residents and provide coordinated guidance for information sharing, accessing services and provision of services through partners**

By signposting residents, coordination of services, reduction of duplication and understanding what our partners are best able to deliver

By identifying and engaging expertise within the community to help deliver the goals

➤ **Provide a focal point for other health and wellbeing organisations to enable them to deliver services for Alcester residents**

By working with partner organisations, networking, collaborating, facilitating meetings, educating and becoming an information sharing board

Priorities:

Whilst we have identified three strategies for the H&WbB we are very aware that other issues need to be addressed and importantly that the priorities do inter-relate.

Priority 1: Older people and loneliness.

The H&WbB established a priority to work with older people, recognising the local demographics and the health and social care consequences of loneliness.

It is intended that continuing the work with older people will remain a priority. Working with members of the community and with established community groups is proving successful. The establishment of a 'Lunch Club', which is becoming self-sustaining, is a developing success.

Priority 2: Mental Health of Children and Young People

Local, national and international evidence has identified the need for support for children, adolescents and young adults in relation to their mental health and mental wellbeing. The intention is that education, training and intervention at an early stage may reduce, even eliminate, issues developing at a late stage in life. An emphasis on mental healthiness and 'mental health first aid' is appropriate.

A task group is being convened consisting of stakeholders; members of the community, concerned professionals and members of relevant voluntary organisations. This group will attempt to clarify issues as identified by children, young people and others. It will subsequently address ways in which the community can support them and their families, by developing strategies and by supporting existing provision.

Priority 3: Carers, including Young Carers.

The H&WbB has identified the reliance by society on people of all ages, who care for other people. The form and extent of that care is very variable, from informally befriending a friend or neighbour, to the 24/7 care needed for someone living with, for example, dementia or multiple sclerosis. The task group will explore how to co-operate and work with WCC via the Warwickshire Joint Adult Carers Strategy 2017-2020 as well as with existing local groups and organisations.

Adopted by the Alcester Health and Wellbeing Board – January 2018