

# Alcester Health and Wellbeing Partnership

## Meeting Notes from Wednesday 12<sup>th</sup> April

**Present:** Cllr Mark Cargill, Cllr Kathryn Cargill, Chris Freeman, Ali Mainey, Cheryl Flavell, Vanessa Lowe, Caroline Graham, Richard Stevens, Richard Lambert, Janet Corrin, Harj Vye, Dominika Stockham, Robert Davies, Wendy Sherwood, Charles Barlow.

**Apologies:** Marie Darwin

### 1. Review of last meeting – Project ideas achieved –

- New Cost of living hubs, including free fruit and veg boxes
- Bike repair workshop including police marking
- New sewing workshop
- Successful Police and Crime Commissioner funding for drug awareness training
- Developments in access to contraception for young people
- Additional Warm Hubs in Alcester
- Computer group now meeting weekly

### Projects in the pipeline –

- Men's Shed
- Volunteer event May
- Commence project around drug awareness
- Continue work around teenage contraception

### 2. Discussion around new partnership, including new logo, vision statement and pledges.

#### Our vision statement:

“Tackle health and wellbeing priorities in partnership to support every resident in Alcester at all stages to have a good quality of life”.

#### Our pledge to the partnership

- Provide a forum where professional and community leaders/members come together to improve the health and wellbeing of their local population.
- Lead on any action to improve people's lives through a partnership approach.
- Provide an opportunity for everyone in the partnership to share ideas and priorities that may promote healthy lifestyles at every stage of life.
- Collate ideas and priorities and seek available funding opportunities so these ideas can become a reality.
- Promote and publicise the Partnership.

#### Your pledge to the partnership

- Taking a partnership approach to support every Alcester resident to lead healthy, happy and fulfilling lives.

- Attend partnership meetings and contribute to ideas that may help reduce poor health outcomes.
- Inform other Partnership members of any funding opportunities that may help improve the health outcomes of Alcester residents.
- Use the Partnership logo in any publicity and funding application.

### 3. New Logo



4. Discussion around where the boundaries should be and that a partnership is often limited in changing major societal challenges. The partnership is a two-way process using a bottom up approach so ideas are encouraged from the community and any potential projects can be developed until suitable funding becomes available.
5. Presentation from Harj Vye from Warwickshire Young Carers.
6. Break out session results- (priorities and ideas for projects in Alcester)
  - Cook and eat your tea using foodbank parcel, or for young carers
  - Dental hygiene – workshops for kids
  - Garden sharing – for mental health, veg/fruit share, company
  - Climate change, sustainable choices, food, food miles, seasonal local food
  - Holidays for families who cannot afford to go, older people or young carers. (Day trip to Western)
  - Family hub (CAD terminals for SDC)
  - Drugs
  - Funding ready – data collection and local intelligence
  - Cost of living issues – pre-payment and rent arrears
  - Ageing population/frailty
  - Lack of social housing – current stock needs modernising, cost (social and affordable)
  - Damp and mould in properties
  - Care costs (high and people do not know how to access support)
  - What support is currently available?
  - Mental Health
  - Discussion around 20+ 5 and associated conditions (20% most deprived health)

Next face to face meeting is on 18<sup>th</sup> October at 2:30pm at EPCC